



Meet Dr. John McLaughlin and Lee Rossano-McLaughlin:

- Members of the American Academy of Anti-Aging Medicine
- Certified ONDAMED® Practitioners
- Certified in Management of Menopause Type Program
- Member of the Holistic Nurses Association

In addition to their nutritional expertise, Lee is a certified Reiki Specialist and John is an accredited teacher for Chiropractors, Naturopaths and Holistic Practitioners.

Advanced Nutritional Solutions is a leader in anti-aging and energy medicine using state-of-the-art technology.

CHRONIC CONDITIONS WE TREAT INCLUDE:

- Allergies/environmental toxins
- Anxiety/depression and stress
- Arthritis/osteoporosis
- Candida/yeast/parasites/heavy metal toxicity
- Chronic fatigue/fibromyalgia
- Digestion/acid reflux/constipation
- Headaches/migraines
- Hormone/menopause symptoms
- Infertility issues
- Inflammation/diabetes/sleep disorders
- Weight management/thyroid disorders



Dr. John

John McLaughlin, M.A., L.L.P., M.S., D.Hom.
Doctor of Homeopathy
Psychotherapist
Nutritional Counselor
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Lee

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Certified Nutritional Counselor
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Call today to schedule your initial consultation.

Take your first step toward living an energetic life!

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1715 Grandview Drive
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nutritional-solutions.com



ARE YOU READY TO Revitalize your life?



Let us help you live the healthy, energetic life you want!

"I was on disability for 6 months with blackouts and fainting. After 30 days, my symptoms improved so much I was able to return to work."
—Cathy F.



WE CAN HELP.

Our state-of-the-art technology identifies precisely where you have the most room for improvement and the best products to help you achieve and maintain the health and vitality you deserve! [Visit nutritional-solutions.com](http://www.nutritional-solutions.com) to learn more.

We are energy managers.

All illness can be traced to a nutritional deficiency. Symptoms such as pain, anxiety and allergies are really symptoms of a toxic body. In today's environment you need more than a multi-vitamin to protect your health. As hormone levels decrease, we run out of energy. This accelerates aging. Advanced Nutritional Solutions (ANS) helps you **slow the aging process** and regain the vitality you want.

You also need more than an annual check-up to detect problems and pinpoint the cause of symptoms such as pre/post-menopause, andropause, migraines, headaches, chronic fatigue, pain and inflammation. We work with your medical team to combine treatments for the best results.

Our non-invasive assessments and procedures quickly identify the underlying causes of physical, mental and emotional illness that can sap your energy and accelerate aging.

WHAT YOU CAN EXPECT:

- Your energy levels will increase
- You will feel better and look younger
- A decrease in menopause symptoms
- A balanced metabolism
- Reduced pain
- Better, more restful sleep
- Optimal vitality and well-being
- An increase in fertility
- Lose weight and keep it off



OUR ASSESSMENT TOOLS FEATURE:

- Individualized biofeedback testing. The Biopulsar Reflexograph® measures the energy flow in more than 49 organs and glands. Graphs and full body images reveal disturbances within the body.
- ASYRA GP (see side panel)
- Energy Muscle Testing confirms information from the biofeedback testing. From that we customize your nutritional program to heal your organs and glands.
- Other testing available: hormones, blood, saliva, urine and hair tissue.

OUR WELLNESS PROGRAMS INCLUDE:

Detoxification programs

- Nutrition, homeopathy and enzyme therapy
- ONDAMED® (see side)
- Far Infrared Sauna
- Detoxing foot bath
- Massage and aromatherapy
- Stress reduction

Pain management

- ONDAMED®
- Therapeutic massage
- Cold lasers

Allergy elimination

- The BioSet Method
- Food and environmental sensitivities
- Weight management

"With just nutritional changes I've lost 26 pounds in 2 months without exercising."

—Stephanie P.

Ask us about our Anti-Aging and Weight Loss Programs

We use the latest in anti-aging technology.

The ASYRA GP is a new, fast, non-invasive, computerized machine that evolved from Dr. Reinhold Voll's work with EAV in the early 1950's. "RA" stands for "Resonance Analysis" and "GP" stands for "Quick Protocol." The ASYRA GP picks up functional disturbances that may not show up via conventional testing methods such as blood work. The ASYRA GP (as mentioned on page 230 in Susanne Somers' 2008 book "Breakthrough" enhances healing by:

- Assessing disturbances in the body's vital energy
- Detecting where the deep toxicities are located in the body
- Prioritizing the problematic health issues
- Recommending nutritional products and homeopathic remedies
- Creating one remedy to balance the body, organs, glands and energy



ONDAMED® (Wave Medicine) (as mentioned on page 175 in Susanne Somers' 2008 book

"Breakthrough") is a European bio-feedback device that analyzes and pinpoints your problem areas. Using frequency, sound and color it enhances and stimulates connective tissue which enhances healing by:

- Increasing nutritional absorption
- Improving circulation and speeding up cellular repair and regeneration
- Enhancing the release of toxins
- Improving immune function
- Reducing the harmful effects of environmental stress

